



September 2012



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>...supporting the independence and dignity of older adults.</p> <p>Florence Senior Activities Center</p> <p>7431 U.S. 42 Florence, KY</p> <p>Phone: (859) 282-4061</p> <p>Fax: (859) 282-4065</p> <p>E-mail: FSAC@insightbb.com</p> <p>Hours of Operation</p> <p>Monday – Friday 9.00 a.m.–3:00p.m.</p> <p>Center Manager Geri Herbert</p> <p>Assistant Mgr. Marty Herbert</p>	<p>Computer Lessons Beginning: October 3rd: at 1:00 PM – 4 Week Course</p>	<p>Join Us on Sept 19th for a Medicare Update presentation by the Ballard Benefits</p>	<p>Join Us on Sept 26th for a “Fraud and Scams” presentation by the Florence Police</p>	<p>“Bring Your Own Stuff” Crafts – Beginning Monday Sept. 10th and 12:00 PM</p>	<p>Duplicate Bridge Club: Beginning Sept 4: Monday – Tuesday & Thursdays – 10 AM</p>
	<p>3</p> <p>Center Closed</p>  <p>Labor Day</p>	<p>4</p> <p>10:00 – Senior Strength 10:00 – Bridge Club 11: Trainer Appointments 11:00 - Canasta</p>	<p>5</p> <p>10:00 Massage 10:00 – Art Lessons 12:30 –Bingo 12:30 - Gentle Yoga</p>	<p>6</p> <p>10:00 – Zumba Gold 10:00 – Bridge Club 11:00 – Canasta</p>	<p>7</p> <p>11:00 – Tai Chi 12:30 - Bingo</p>
	<p>10 9 AM – Yoga Stretch 10: –Trainer Appoint. Avail 10:00 – Bridge Club 11:00 – Fun & Fitness 12:00 - Euchre 12:00 - Crafts</p>	<p>11</p> <p>10:00 – Bridge Club 11:00 - Canasta</p>	<p>12 -</p> <p>Boone County Senior Picnic</p> <p>10:00 - Art Lessons 12:30 – Gentle Yoga</p>	<p>13</p> <p>10:00 - Zumba Gold 10:00 – Bridge Club 11:00 – Canasta 12:00 - Line Dancing</p>	<p>14</p> <p>11:00 Tai-Chi 11:30 – Ruwe Pharmacy 12:30 - Bingo</p>
	<p>17 9:00 Yoga Stretch 10: –Trainer Appoint Avail 10:00 – Bridge Club 11:00 – Fun & Fitness 12:00 - Euchre 12:00 - Crafts</p>	<p>18</p> <p>10:00 – Senior Strength 10:00 – Bridge Club 11: Trainer Appoint Avail 11:00 - Canasta</p>	<p>19</p> <p>Medicare Update</p> <p>10:00 Massage 10:00 – Art Lessons 12:30 –Bingo 12:30 - Yoga</p>	<p>20</p> <p>10:00 – Zumba Gold 10:00 – Bridge Club 11:00 – Canasta 12:00 - Line Dancing</p>	<p>21</p> <p>11:00 – Tai Chi 12:30 - Bingo</p>
	<p>24 9 AM - Yoga Stretch 10: –Trainer Appoint Avail 10:00 – Bridge Club 11:00 – Fun & Fitness 11:30 – Nutritional Talk 12:00 - Euchre & Crafts</p>	<p>25</p> <p>10:00 Senior Strength 10:00 – Bridge Club 11: Trainer Appoint Avail 11:00 - Canasta</p>	<p>26- 12:00 – Scams & Frauds (Florence Police)</p> <p>10:00 – Art Lessons 12:30 -Bingo 12:30 - Yoga</p>	<p>27</p> <p>10:00 - Zumba Gold 10:00 – Bridge Club 11:00 – Canasta 12:00 - Line Dancing</p>	<p>28</p> <p>11:00 – Tai Chi 12:30 - Bingo</p>

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